

31-Day Home Decluttering Challenge

Welcome to the 31-Day Home Decluttering Challenge! This is a simple plan to help you get started on decluttering and bringing more order to your home. We're not going to be doing any actual deep cleaning yet (that will come later). For now, we're just going to be going through all the major areas of the home and quickly decluttering.

How to Get Started

All you need to do is grab some trash bags and boxes, and then set aside at least 15 minutes per day to work on decluttering. You can spend more time if you'd like, but if 15 minutes is all you've got, that will still be a great way to get started!

Every day, set a timer for 15 minutes and work in the designated area for that day (if some of the things on the list don't apply to you and your home, feel free to work in a different area for that day). Work as fast as you can while the timer is going. Remember, we're not cleaning, and we're not aiming for perfection, we're just decluttering as quickly as possible.

Go through each area and get rid of anything that you no longer need or want in your home. Toss the trash, and donate or sell the other items. Make a separate box for items that just need to be put away in their proper places.

The 31-Day Plan

Day 1: Entryway/Coat Closet/Mudroom

Day 2: Living Room

Day 3: Linen Closet

Day 4: Main Bathroom

Day 5: Master Bathroom

Day 6: Purse/Handbag

Day 7: Master Bedroom

Day 8: Master Closet

Day 9: Nightstands

Day 10: Kids' Rooms

Day 11: Kids' Clothes

Day 12: Kids' Toys

Day 13: Junk Drawer

Day 14: Dresser Drawers

Day 15: Fridge

Day 16: Freezer

Day 17: Pantry

Day 18: Kitchen Cabinets

Day 19: Kitchen Drawers

Day 20: Games

Day 21: Medicine Cabinet

Day 22: Kitchen Counters

Day 23: Dining Room

Day 24: Paperwork

Day 25: Paperwork

Day 26: Desk/Office

Day 27: CDs and DVDs

Day 28: Books

Day 29: Laundry Room

Day 30: Craft Room

Day 31: Basement/Garage

31-DAY Decluttering Challenge

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|--|---|
| <input type="checkbox"/> DAY 1: ENTRYWAY/COAT CLOSET | <input type="checkbox"/> DAY 17: PANTRY |
| <input type="checkbox"/> DAY 2: LIVING ROOM | <input type="checkbox"/> DAY 18: KITCHEN CABINETS |
| <input type="checkbox"/> DAY 3: LINEN CLOSET | <input type="checkbox"/> DAY 19: KITCHEN DRAWERS |
| <input type="checkbox"/> DAY 4: MAIN BATHROOM | <input type="checkbox"/> DAY 20: GAMES |
| <input type="checkbox"/> DAY 5: MASTER BATHROOM | <input type="checkbox"/> DAY 21: MEDICINE CABINET |
| <input type="checkbox"/> DAY 6: PURSE/HANDBAG | <input type="checkbox"/> DAY 22: KITCHEN COUNTERS |
| <input type="checkbox"/> DAY 7: MASTER BEDROOM | <input type="checkbox"/> DAY 23: DINING ROOM |
| <input type="checkbox"/> DAY 8: MASTER CLOSET | <input type="checkbox"/> DAY 24: PAPERWORK |
| <input type="checkbox"/> DAY 9: NIGHTSTANDS | <input type="checkbox"/> DAY 25: PAPERWORK |
| <input type="checkbox"/> DAY 10: KIDS' ROOMS | <input type="checkbox"/> DAY 26: DESK/OFFICE |
| <input type="checkbox"/> DAY 11: KIDS' CLOTHES | <input type="checkbox"/> DAY 27: CDs & DVDs |
| <input type="checkbox"/> DAY 12: KIDS' TOYS | <input type="checkbox"/> DAY 28: BOOKS |
| <input type="checkbox"/> DAY 13: JUNK DRAWER | <input type="checkbox"/> DAY 29: LAUNDRY ROOM |
| <input type="checkbox"/> DAY 14: DRESSER DRAWERS | <input type="checkbox"/> DAY 30: CRAFT ROOM |
| <input type="checkbox"/> DAY 15: FRIDGE | <input type="checkbox"/> DAY 31: BASEMENT/GARAGE |
| <input type="checkbox"/> DAY 16: FREEZER | |