

# 7 Habits of Highly Effective Homemakers

*Encouraging Resources to Help You Thrive in Your Home*



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*ArtfulHomemaking.com*

*Hello!*

*Have you ever wondered what makes some homes and homemakers stand apart from the rest? What makes some homemakers highly effective at creating a beautiful, vibrant home?*

*As I thought about the homemakers who have had a profound influence on me personally, I realized that they have some habits in common.*

*Here are the 7 habits that they all seem to share. They all seem to:*

- *Live with vision*
- *Follow a daily schedule or routine*
- *Get up early*
- *Plan meals*
- *Use a cleaning schedule*
- *Declutter and organize their homes*
- *Cultivate a cheerful, thankful spirit*

*This little eBook contains a few tools to help with implementing these habits. It contains:*

1. *A printable to help remind you of The Seven Habits of Highly Effective Homemakers*
2. *A habit tracker to help you track any habits you may be working on*
3. *A daily docket to help you organize your days*

*I hope these resources are helpful to you! I'm walking right along with you on this path to becoming an effective, intentional homemaker building a vibrant, life-giving home!*

*Joy*

[www.artfulhomemaking.com](http://www.artfulhomemaking.com)



**7 HABITS OF HIGHLY  
EFFECTIVE HOMEMAKERS**

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- Habit #1: Live With Vision
- Habit #2: Follow a Daily Schedule or Routine
- Habit #3: Get Up Early
- Habit #4: Plan Meals
- Habit #5: Use a Cleaning Schedule
- Habit #6: Declutter and Organize
- Habit #7: Cultivate a Cheerful, Thankful Spirit

# Habit Tracker

Month:

| Habit | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
|-------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|
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# daily docket

## Schedule

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## Daily Bible Verse

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## Meals

|           |  |
|-----------|--|
| Breakfast |  |
| Lunch     |  |
| Dinner    |  |

## Exercise

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## Water

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## Top 3 Goals

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## To-Do List

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# Daily Docket

## Schedule

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## Meals

Breakfast

Lunch

Dinner

## Exercise

## Water

## Top 3 Goals

- 1
- 2
- 3

## To-Do List

## Daily Bible Verse

# Daily Docket

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## Daily Bible Verse

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## Meals

|           |  |
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| Breakfast |  |
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## Exercise

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## Water

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## Top 3 Goals

|   |  |
|---|--|
| 1 |  |
| 2 |  |
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## To-Do List

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